

Be sure to check out our [Blogs](#) and discover all the new Free Training!



-

**Newsletter for [EducationOnlineForComputers.com](http://www.EducationOnlineForComputers.com)
Computer Software Education, Training & Tutorial
Resources**

***** ISSUE #25 - May 2006 *****

<http://www.EducationOnlineForComputers.com>

This Newsletter is only sent to its subscribers and
is available in June, 2006 on the web at

<http://www.EducationOnlineForComputers.com/newsletter25.html>

Newsletter Archives are here:

<http://www.EducationOnlineForComputers.com/newsletter.html>

Subscribe and unsubscribe [instructions are at the end](#).

Please forward this newsletter to all your friends
and associates who might be interested!

In This Issue:

[1\)... Editor's Greeting](#)

[2\)... Best New Free Microsoft Office Training & Tutorial Sites](#)

[3\)... The Best New Free Training Sites for Flash, Photoshop, Dreamweaver, FrontPage, & other Adobe / Macromedia Applications](#)

[4\)... Best New Free Web Development Training Sites](#)

[5\)... Best New Free Windows, Linux, Hardware & Computer Training](#)

[6\)... Software, Office and Computer Sites Worth Mentioning](#)

[7\)... Question of the Month about Software Training](#)

[8\)... Please Support Our Computer Training Mission](#)

1) Editor's Greeting:

Hello everyone, and welcome to our new subscribers!

This is the May 2006 issue (#25) of our Free monthly Newsletter for EducationOnlineForComputers.com, giving you the most current Free online Microsoft Office and Web Development Software Training and Tutorial Resources that we have recently discovered and researched. This newsletter is free to anyone subscribing ([instructions](#) at bottom, no username/password is needed). To access our member site, however, you do need a user name and password - registering as a member of EducationOnlineForComputers.com costs only \$14 for two months, for more information please see [Become a Member of EducationOnlineForComputers.com](#).

My desire is that these free resources will help you with your computer education and training and will help you advance your career. Our main mission is the training of those less fortunate who are seeking to become computer literate, from a user's perspective.

By means of this email newsletter, you have knowledge of and access to these sites before our web site visitors do. The best of these resources will be added to our Member Training pages and the remainder to our Free Training pages.

***** Current Issue *****

In this issue we are featuring a total of 32 Computer Software Application training, learning and tutorial web sites, with a total of 54 tutorial courses linked. It features many Free Microsoft Office, Flash, Dreamweaver, and Web Development training tutorials for your learning profit and enjoyment.

Please take a look at and bookmark our [Blogs](#), these will be updated daily and weekly with [New Free Training and Tutorial Resources](#), as I discover and evaluate them:

[EducationOnlineForComputers.com Blogs:](#)

- [Free Microsoft Office Application Training](#)
- [Free Web Development Training](#)
- [Free Adobe & Macromedia Training](#)

[Intelligentedu.com Blogs:](#)

- [Free Technical Computer Training](#)
- [Free Computer Books & Ebooks](#)

To get your **Free MS Office and Web Development Software Training updates via RSS**, please copy (right click and copy shortcut or link location) and paste these urls into your RSS reader:

[Free Microsoft Office Training Tutorial Resources_rss2.xml](#)

[Free Training Photoshop Flash Dreamweaver FrontPage Adobe Macromedia_rss2.xml](#)

[Free Web Development Training Tutorial Resources_rss2.xml](#)

Please visit our **New Free Training and Tutorial Search Engine**, [Edcomp.com](#) -

We have deployed a new website at www.edcomp.com that is a search engine with a large database of over 150,000 free IT education and training web resources, with another 70,000 free resources reserved exclusively for paid members. If you're an educationonlineforcomputers.com member, go to <http://www.edcomp.com/members/> to access the special members' page for searching 220,000 free training web resources.

For your convenience, this newsletter is also available to subscribers in HTML format at this special url:

http://www.educationonlineforcomputers.com/current_news.html

If you are looking for free technical or programming training, please visit our sister site:

<http://www.intelligentedu.com>.

Also, please check out our new free computer training search site at

www.edcomp.com.

I wish you the best with your computer studies and learning.

Warm Regards,

Scott Turton Newsletter and Web Site Editor

scott_turton@EducationOnlineForComputers.com

<http://www.EducationOnlineForComputers.com>

**"Learn New Skills and Increase Your Earning Power
- With Free Online Computer Training!"**

*** [Become a Member of EducationOnlineForComputers.com](http://www.educationonlineforcomputers.com) ***

Our Members' Site contains the web's best Microsoft Office and other software training resources and tutorials. This content is individually linked and presented in a way to expedite and facilitate your computer learning experience. We have done all the web research and presentation work for you so you can concentrate solely on

your computer training. For short [FAQ Answers](#), please see the end of this newsletter.

The total price to join as a member is only \$14 total for 2 months, \$24 for 4 months, \$32 for 6 months, or \$56 for a whole year. The funds generated will assist us to help all those seeking computer education and application end-user training. [Here's the link](#) to see what's available on our member's site and to sign up.

[EdComp.com:](#)

<http://www.edcomp.com/>

This is our new free computer and IT education and training search engine housing over 140,000 free training internet resources! Just type in a topic you're looking for and get tons of great web resources instantly. These search results are much better than the big search engines, like google. You can also check out our predefined search results page giving you tons of free training resources: <http://www.edcomp.com/predefined.htm>.

--> Here is Your Reward for Subscribing to this Newsletter <--

***** [Get Your Free Microsoft Office Forms and Templates](#) *****

Click here for tons of Free Office Forms and Templates:

<http://tinyurl.com/7ibm>

2) The Best New Free Microsoft Office Training & Tutorial Sites:

This section of our newsletter contains the best new Free Microsoft Office training and tutorial sites that we have found and researched in the last few weeks.

2 Free Microsoft Excel Ebooks

Here are 2 freely available ebooks for Microsoft Excel.

[Guide to Microsoft Excel 2002 for Scientists and Engineers Third Edition](#)

5.5 mb, 338-page pdf after uncompress rar file

(password : www.blueportal.org)

To access the download link, wait 45 seconds, click on the 'X' on the 'Megaupload Links' box at upper right, then click on 'Click here to download'.

To access the download link for this other [Excel Ebook](#) on megaupload, wait 45 seconds, click on the 'X' on the 'Megaupload Links' box at upper right, then click on 'Click here to download'. The downloaded file is a PDF, and the file size is 15.6 MB. This Excel ebook has 410 pages.

[Tutorials for Word, Excel, Project, Access, and Outlook from TechTrax Library](#)

The TechTrax Library contains the following Microsoft tutorials and articles teaching useful features of Word, Excel, Project, Access, and Outlook. Also on this site are utility downloads, office utilities, and html and VBA code modules.

- **Microsoft Excel**
 - [If Statement Part 1: Introduction](#)
 - [If Statement Part 2: Nesting Functions](#)
 - [Time Calculations in Excel](#)

- **Excel VBA (No Experience Necessary)**

- [Lesson 1](#)
- [Lesson 2](#)
- [Lesson 3](#)
- [Lesson 4](#)
- [Lesson 5](#)

- **Microsoft Word**

- [AutoShapes Part 1: Introduction](#)
- [AutoShapes Part 2: Fill Effects](#)
- [AutoShapes Part 3: Special Effect](#)
- [Word's Character Styles](#)
- [Creating a Table of Contents Spanning Multiple Documents](#)
- [Word Options Utility](#)
- [More on Word Field Vulnerability](#)

- **Help with Letters and Envelopes in Word**

- [Part 1: Letter Wizard](#)
- [Part 2: Instant Envelopes Using the Macrobutton Field and VBA](#)
- [Part 3: Enhancing the MacroButton Field](#)

- **Controlling the Printer using Word VBA**

- [Part 1: Using VBA to Select the Paper Tray](#)
- [Part 2: Using VBA to Control Duplex, Color Mode and Print Quality](#)
- [Part 3: Dealing with Different Paper Sizes](#)
- [Part 4: Getting Printer Driver Details](#)

- **Microsoft Project**

- [Part 1: Introduction](#)
- [Part 2: Lesson Two](#)
- [Part 3: Lesson Three](#)
- [Part 4: Lesson Four](#)
- [Part 5: Lesson Five - Working With Resources](#)
- [Part 6: Lesson Six - Working With Views, Tables and Filters](#)
- [Part 7: Lesson Seven - Task and Resource Information dialogs, Working Hours and Calendars](#)
- [Fast Presentations In PowerPoint](#)

- **Access Database**

- [Part 1: Access Terminology and Relational Database Concepts](#)
- [Part 2: Normalizing Access Data](#)
- [Part 3: Access Data "Clean-up" Tips](#)

- **Microsoft Outlook**

- [Looking Out Through Outlook](#)
- ["Do you want to Merge Changes?"](#)

[**Mail Merge in Office XP and Office 2003**](#)

Here is a nicely written and illustrated 4-page tutorial, in pdf format, teaching how to perform the mail merge feature using Office XP or Office 2003. It contains great screen shots as it moves step by step through the process of merging name and addresses to be mailed.

[**Workshop Tutorials for Microsoft Word, Excel, and Powerpoint**](#)

Here are three well written and illustrated Microsoft Office Workshop Tutorials from the Univeristy of Washington's [Walk-In Workshops](#). These are from their Computing Essentials page and cover Microsoft Word, Excel, and PowerPoint. Both beginning and advanced features are covered by these tutorials.

[**Microsoft Word**](#)

Microsoft Word is widely recognized as the standard for creating and editing

documents, yet it is still more expansive than most regular users are aware. In this overview workshop, you will get acquainted with Word from basic functionality to advanced features. Other topics include: the format painter, headers and footers, tables and columns, and adding graphics and color. Apply these new techniques to create an eye-catching resume or the perfect academic paper.

Getting Started

- Menus
- Shortcut menus
- Toolbars
- Customizing toolbars

Working With Files

- Creating and opening documents
- Saving documents
- Renaming documents
- Working on multiple documents
- Closing a document

Working With Text

- Typing and inserting text
- Selecting text
- Deleting text
- Undo
- Formatting toolbar
- Format Painter

Formatting Paragraphs

- Paragraph attributes
- Moving, copying, and pasting text
- Clipboard
- Columns
- Drop caps

Styles

- Applying a style
- Applying a style from the style dialog box

- Creating a new styles from a model
- Creating a simple style from the style dialog box
- Modifying or renaming a style
- Deleting a style

Lists

- Bulleted and numbered lists
- Nested lists
- Formatting lists

Tables

- Insert Table button
- Drawing a table
- Inserting rows and columns
- Moving and resizing a table
- Tables and Borders toolbar
- Table properties

Graphics

- Inserting an image from a file
- Editing a graphic
- AutoShapes

Spelling and Grammar

- AutoCorrect
- Spelling and grammar check
- Thesaurus

Page Formatting

- Page margins
- Page size and orientation
- Headers and footers
- Page numbers
- Print preview and printing

Macros

- Recording a macro
- Running a macro

[Table of Contents](#)

- Marking table of contents entries
- Generate a table of contents

[Keyboard shortcuts](#)

- Shortcut references
- Finding shortcuts

[Microsoft Excel](#)

Microsoft Excel is a necessity for data documentation and analysis. It is an extremely helpful software program that can improve your workflow. In this introductory workshop, you will learn to input data, apply relevant formulas, and visually represent your results with graphics and charts. Other topics include: the Chart Wizard, formatting cells and columns, and methods of sorting.

[Spreadsheet Basics](#)

- Screen elements
- Adding and renaming worksheets
- The standard toolbar - opening, closing, saving, and more

[Customizing Excel](#)

- Menus
- Customizing toolbars
- Recording a macro
- Running a macro

[Modifying A Worksheet](#)

- Moving through cells
- Adding worksheets, rows, and columns
- Resizing rows and columns
- Selecting cells

- Moving and copying cells
- Freeze panes

Formatting Cells

- Formatting toolbar
- Formatting individual cells
- Dates and times
- Styles
- Creating a new style
- Format Painter
- AutoFormat

Formulas and Functions

- Formulas
- Linking worksheets
- Relative, absolute, and mixed referencing
- Basic functions
- Function Wizard
- Autosum

Sorting and Filling

- Basic ascending and descending sorts
- Complex sorts
- Autofill
- Alternating text and numbers with Autofill
- Autofilling functions

Charts

- Chart Wizard
- Resizing a chart
- Moving a chart
- Chart formatting toolbar
- Copying a chart to Microsoft Word

Keyboard Shortcuts

- Shortcut references
- Finding shortcuts

Microsoft PowerPoint

Microsoft PowerPoint is the tool for digital slide-presentations. In this workshop, you will learn to organize and prepare slide presentations, add animation, compliment your visuals with sound clips and perhaps most importantly, learn to avoid PowerPoint abuse; no one enjoys all of the features, all of the time. Other topics include: Using transitions, master slides, and action buttons. Apply these new techniques to your next class presentation.

Getting Started

- AutoContent Wizard
- Creating a presentation from a template
- Creating a blank presentation
- Opening an existing presentation
- AutoLayout

Power Point Screen

- Screen layout
- Views

Working with Slides

- Inserting a new slide
- Applying a design template
- Changing slide layouts
- Reordering slides
- Hiding slides
- Creating a custom slide show
- Editing a custom slide show

Adding Content

- Resizing a text box
- Text box properties
- Deleting a text box
- Bulleted lists
- Numbered lists
- Adding notes

- Video and Audio

Working with Text

- Adding text
- Editing options
- Formatting text
- Replace fonts
- Line spacing
- Changing case
- Checking spelling

Color Schemes

- Color schemes
- Backgrounds

Graphics

- Adding clip art
- Adding an image from a file
- Editing a graphic
- AutoShapes
- WordArt

Slide Effects

- Action buttons
- Slide animation
- Slide transitions
- Slide show options

Master Slides

- Slide master
- Header and footer
- Slide numbers
- Date and time

Saving and Printing

- Saving as a web page

- Page setup
- Printing

[Keyboard shortcuts](#)

- Shortcut reference
- Finding shortcuts

[Tips](#)

- Design tips
 - Presentation basics
-

[5 PowerPoint Movie Tutorials](#)

Here are five PowerPoint tutorial movies that demonstrate some of the tips & tricks you can do to unlock PowerPoint's capabilities. You will need [Quicktime](#) to view these.

- [More Ways Than One](#)
There are more ways than one to do the same tasks in PowerPoint and this PowerPoint tutorial will look at the various options you have
- [Customizing The Toolbar](#)
This PowerPoint tutorial will show demonstrate how you can customize PowerPoint to work the way you do
- [Multiple Guides](#)
This PowerPoint tutorial will demonstrate how to create multiple guides when laying out your PowerPoint slides
- [Greyscale Preview](#)
Optimize your PowerPoint presentation to print or fax in Black & White without affecting the color
- [Inserting Unique Symbols](#)

This PowerPoint tutorial will demonstrate how to insert copyright, trademark, monetary & other unique text symbols into PowerPoint

[Microsoft Project 2003 Bible Ebook](#)

Here is a google groups post containing a link to a freely available ebook on Microsoft Project containing 960 pages.

Book Description:

- A comprehensive, soup-to-nuts resource showing how to master Microsoft Project functions and features
- Demonstrates how to create a new project, track a project's progress, and work in groups
- More advanced topics explained are: customizing Project, using macros, and importing and exporting data
- Also explains the following: building tasks, using views, modifying the appearance of a project, and resolving scheduling and resource problems
- A new chapter on using Visual Basic for Applications (VBA) and VBScript with Project
- Provides expanded coverage of Project Server-installation, hardware and software requirements, and software configurations-all needed to ensure that Project Server is administered and used effectively

To access the download link on rapidshare.de, click on the Free button near the bottom of the rapidshare page, wait about 30 seconds, then enter the 3 character code and click on the download button. To uncompress .rar files you can use [7-Zip](#).

[Tutorials and Help for Microsoft Visio 2003](#)

Here are lots of tutorials, articles, and support documents for helping you learn and

use Microsoft Visio 2003. These will get you up-to-speed on and using many of the basic and advanced features of this graphical, diagramming, and workflow application. These are authored by Microsoft.

3) The Best New Free Training Sites for Flash, Photoshop, Dreamweaver, FrontPage, and other Adobe and Macromedia Applications

[Flash 5 Bible Ebook](#)

Here is a Free Macromedia Flash ebook, titled 'Flash 5 Bible'. This ebook is in pdf format, is 1324 pages in length, and has a file size of 15.9 mb.

Contents:

- Part 1: Mastering the Flash Environment
 - Part 2: Creating Flash Graphics
 - Part 3: Sound Planning
 - Part 4: Adding Basic Interactivity to Flash Movies
 - Part 5: Programming Flash Movies with ActionScript
 - Part 6: Using Flash with Generator & Other Server Technologies
 - Part 7: Using Flash with Other Programs
 - Part 8: Distributing Flash Movies
-

[Tutorials for Flash 8, Flash MX 2004, Photoshop, Illustrtor, After Effects](#)

[Ultrashock.com](#) offers these excellently written and presented tutorials for Flash 8, Flash MX 2004, Photoshop, Illustrtor, and After Effects. Have some fun with these while learning to do some interesting things using these applications.



[Macromedia Flash 8](#)

[Flash MX 2004 Tutorials](#)



[Adobe Photoshop](#)



[Adobe Illustrator](#)



[Adobe After Effects](#)

[50 Photoshop Tutorials from Photoshoptower.com](#)

Here are 50 nicely illustrated, step-by-step Photoshop tutorials offered by Photoshoptower.com. These will help you create and develop your own web layouts and graphic designs.

[Desktop Publishing Workshops: Photoshop, Illustrator, InDesign](#)

Here are four well written and illustrated Desktop Publishing Workshops from the Univeristy of Washington's [Walk-In Workshops](#). This Adobe Design workshop tutorial collection provides two Photoshop turoials, and one tutorial each for Adobe Illustrator and Adobe InDesign. These tutorial workshops offer professional quality

publishing results via dynamic, yet simple tools. You will learn to produce attention-grabbing vector graphics, vividly enhanced photographs, top notch text documents and how to incorporate the three together.

[Introduction to Adobe Photoshop](#)

Adobe Photoshop is the industry standard for image editing. This robust program will help you enhance your photographs and images and give your work that professional edge. Here you will learn how to modify digital photographs, move, duplicate, and resize images, use painting tools to manipulate images, and perform adjustments to contrast and color balance. You will also learn how to correct red-eye, take advantage of layer transparency, and create simple-but-cool text graphics using filters.

[Advanced Adobe Photoshop](#)

In this advanced Photoshop class, you will learn some advanced features including saving for the Web, proper use of filters, how to use actions and automate processes, layer properties, and what Image Ready is. You are encouraged to bring your own digital images to work with in this class.

[Adobe Illustrator](#)

Adobe Illustrator is a graphic design and drawing program. This powerful program will help you create images that will give your work an artistic touch. This class will cover some new features of Adobe Illustrator 10 as well as some advanced functions including navigating the toolbar, creating vector-based graphics, and using drawing tools. Other topics include: specific stroking effects, color features, and layering techniques. Use these skills to create graphic artwork for posters, t-shirts, or even card designs.

[Adobe InDesign](#)

InDesign, Adobe's replacement for Pagemaker, is a new and comprehensive desktop publisher. This program enables you to design and develop your own publications. In this introductory workshop you will learn to use dynamic tools such as text wrap, precise image manipulation and placement, story editor, paragraph styles, and color handling. Other topics include: guidelines for templates and simple image creation to compliment your texts. This knowledge will allow you to make posters for class projects that look store bought.

[Multimedia Workshops Tutorials for Digital Video, Premiere, and After Effects](#)

Here are well written and illustrated Multimedia Workshops from the Univeristy of Washington's [Walk-In Workshops](#). These workshop tutorials you will learn how to create Video, DVD, and other multimedia presentations. By using modern computer hardware and software you can learn how to create sophisticated material, students will learn the skills to shoot and edit video, add special effects, and publish multimedia in many formats. These tutorials include materials teaching you how to use digital video software, Adobe Premiere, and Adobe After Effects.

[Introduction to Digital Video](#)

Digital video is a widely accessible technology for creating film but can be a bit daunting compared to your dad's VHS camcorder. In this introduction of the digital video pipeline, you will learn how to plan and execute your digital video project. Other topics include: planning your digital film, transferring video to a computer, and methods of archival once your edited film is finished. Take this knowledge and create an impressive video presentation, an entertaining home movie or the next award-winning independent film.

[Adobe Premiere](#)

Adobe Premiere is the quintessential video-editing tool for the PC user working toward a professional product. Its simplicity makes the software easy to learn but applicable in many different situations. In this full-spectrum workshop you will learn how to make professional looking videos. You will also learn to apply the features of this application in creative ways. Other topics include: key-framing video attributes and effects, creating and applying more customizable transitions and titling, and the taking advantage of a fully non-linear editing application. Use all you learn from this to edit your first impressive student film production.

[Adobe After Effects](#)

Adobe After Effects is a highly regarded tool for post-production and motion picture effects. In this introductory workshop you will learn to create original visual effects for stand-alone use or for integration with Apple Final Cut Pro or Adobe Premiere. Other topics include: importing compositions, compositing, nesting, setting scale, time and opacity, using keyframes and using plug-ins and special effects. Learn the basics with us and then use them to create stunning graphics for your next film.

[Preparing Your Dreamweaver Coding Environment](#)

In this free book chapter covering the Dreamweaver Coding Environment, you'll learn how to access and use the many options you have for working with code in Dreamweaver, and how to configure your coding environment to support your own style of working with code. Building Web applications is back-end work that focuses on coding. This chapter explains the details on how to set up your Dreamweaver coding environment before you start working directly with code. Dreamweaver has several document view options, which include Code, Design, and Split (Code and Design combined). While all three views can be useful when developing Web applications, you're likely to use Code view most often, because application development usually involves more work with code than with design. Dreamweaver lets you do all your code work by hand or automate coding tasks with Dreamweaver's code tools.

Contents

1. [Selecting Code View Options](#)
 2. [Choosing Code Preferences](#)
 3. [Using Code Collapse](#)
 4. [Using the Coding Toolbar](#)
 5. [Using Code Snippets](#)
 6. [Working with Tags](#)
 7. [Using Commands for Editing Code](#)
 8. [Validating and Testing Your Code](#)
-

[Fireworks MX Illustrated and Movie Tutorials](#)

Cbtcafe.com offers many excellent illustrated and movie tutorials for Fireworks that will help you learn how to use this Macromedia graphics application. You will need [Quicktime](#) for the movie tutorials.

All Fireworks Tutorials at Cbtcafe.com

- [New Tutorials](#)
 - [Basics & Shapes](#)
 - [Selections](#)
 - [Masking](#)
 - [Special Effects](#)
 - [Image Effects](#)
 - [Automation](#)
 - [Menus & Buttons](#)
 - [Optimization](#)
 - [Websites](#)
-
-

4) The Best New Free Web Development Training Sites

[An Interactive Tutorial Course in HTML and Web Site Design](#)

This is an excellent HTML Coding Tutorial Course and Guide, courtesy of davesite.com. Learn how to code HTML with this free help guide and tutorial. This HTML coding tutorial and guide is easy, interactive, and uses examples to help you understand the tags and concepts. The HTML code and tag topics cover writing code, uploading pages, tables, frames, counters, and sounds. Also included here

are web site design tutorial chapters for learning design considerations, layouts, backgrounds, colors, page divisions, and using tables for layouts.

This tutorial course is for anyone who is serious about learning how to code HTML and how to design attractive and compelling web sites. Perhaps you want your own web page, or an entire web site. Perhaps you're setting up a web site for your business or organization. You've come to the right place. You do not need any prior experience in making web pages to take this course.

Javascript and CSS Tutorials

Here are davesite.com's Javascript tutorial pages and their Cascading Style Sheets (CSS) tutorial, along with links to their web design tutorial and their beginner's guide to the Internet. The CSS tutorial is very well done and will engage you with its content interactively.

[Dave's JavaScript Guide](#)

Looking to learn how easy it is to program JavaScript? This Java Script tutorial is for you!

[CSS: An Interactive Tutorial for Beginners](#)

Learn Cascading Style Sheets (CSS) interactively by example in this Interactive Tutorial for Beginners. With the help of this hands-on CSS tutorial, you can learn virtually every aspect of CSS¹, by example, according to the official W3C specifications.

1. [Introduction to CSS](#)
2. [Basics of CSS](#)
3. [All About Selectors](#)
4. [CSS Background and CSS Color](#)
5. [CSS Fonts and Text](#)
6. [CSS Links](#)
7. [CSS Lists](#)
8. [CSS Margin](#)
9. [CSS Padding](#)
10. [CSS Border](#)
11. [Good CSS Design](#)

12. [Resources](#)

[Dave's Web Site Design Tutorial](#)

[Dave's Beginners Guide to the Internet](#)

[Web Development and Publishing Workshop Tutorials](#)

Here are nine well written and illustrated workshop tutorials on Web Development and Publishing from the Univeristy of Washington's [Walk-In Workshops](#). By studying these web development workshop tutorials, you will learn Web site design from beginning to end; including planning the web site's look and layout with HTML and CSS, and programming Web applications using Javascript to make the site interactive and dynamic. Also offered are workshops for learning PHP, MySQL, Video Streaming, Podcasting, and Adobe GoLive.

[Web Site Planning](#)

In this introductory and organizational workshop you will learn the techniques that will help you plan the best Web site possible. Other topics include: Web site layout and design, file and space management, multi-browser compatibility, streaming media and Web server specifics. Apply your knowledge and get yourself a spot on the Web.

[Introduction to Hypertext Markup Language \(HTML\)](#)

HTML is the underlying language of Web site programming. This hands-on workshop is designed to introduce you to the fundamental concepts behind HTML. You will learn how to create, present and maintain your own Web site. Other topics include: creating and posting Web pages, changing fonts, inserting images, using hyperlinks, and creating tables. Apply these skills to make a Web page or site for almost anything you want.

[Cascading Style Sheets \(CSS\) for HTML](#)

Cascading Style Sheets are the most effective way to create clean, attractive and fast-loading Web pages. In contrast to HTML, they offer greater control over site layout for organization and extra features to design and create consistency throughout multiple pages. In this overview, you will learn how to harness this helpful tool and save yourself a lot of time.

[Introduction to JavaScript](#)

JavaScript is an easy way to bring interactivity to your Web site. In this introductory workshop you will begin by learning the basics of Object Oriented Programming, then we'll delve into the creative instances of this growing language. Learn how to create such events as single and double mouse rollovers, and live scripts such as alert, pop-up, and pop-under boxes. Other topics for interactivity include linking and using external Java Scripts, resizing windows, and implementing scrolling scripts.

[Introduction to PHP](#)

HTML is the language of the web, but PHP can enable your Web pages to have changing content that allows users to interact with your Web site beyond just clicking links. Learn how to build website templates, organize and display information easily and handle user input such as web forms all while practicing basic PHP syntax. Other topics include: basic MySQL and handling databases, advanced variables and advanced web forms.

[Introduction to MySQL / Advanced PHP](#)

Advanced PHP & MySQL takes your PHP skills to the next level. In this combined introductory and advanced workshop you will learn how to build Website templates, organize and display information easily and handle user input such as Web forms while practicing basic PHP syntax. Other topics include: basic MySQL and handling databases, advanced variables and advanced Web forms. Implementing these skills will take you to a new professional height in Web design.

[Streaming Video for Web](#)

Streaming video on the Web is great way to get high quality video on your Web site. It just so happens that as a student here you are given a UW Streaming Media account which will allow you store larger video files, up to a gigabyte, and stream them online from there. In this walk-thru workshop you will learn the steps that take

you from a finished video composition to having it publicly accessible and still looking quite nice. Other topics include: extension of principles to audio and necessary compression types for audio and film.

[Podcasting, XML and RSS](#)

Podcasting, XML and RSS will take your web site and content to a whole new level. In this introductory workshop you will learn how to create a podcast using XML and RSS technologies. Other topics include: basic XML, RSS feeds and advanced iTunes integration. Using Podcasting and RSS feeds will increase the cool factor for your web site.

[Introduction to Adobe GoLive](#)

GoLive is a "What-You-See-Is-What-You-Get" (WYSIWYG) Web page editor. In this intuitive introduction you will learn how to make your own Web site with little or no knowledge of coding languages such as HTML and CSS. Other topics include: creating and posting Web pages, changing fonts, inserting images, using hyperlinks, and creating tables.

[15 Free Training Tutorials for Cascading Style Sheets - CSS](#)

Exforsys.com offers these 15 free training tutorials for learning how to program using Cascading Style Sheets, or CSS. You can use CSS when developing web pages and sites to specify the layouts and style of the pages.

- [» CSS Tutorials : Lesson 1 : CSS Introduction](#)
- [» CSS Tutorials : Lesson 2 : CSS Syntax](#)
- [» CSS Tutorials : Lesson 3 : CSS Applying CSS](#)
- [» CSS Tutorials : Lesson 4 : CSS Background](#)
- [» CSS Tutorials : Lesson 5 : Text](#)
- [» CSS Tutorials : Lesson 6 - Working with Fonts](#)
- [» CSS Tutorials : Lesson 7 : CSS Borders](#)
- [» CSS Tutorials : Lesson 8 : CSS Margin](#)

- » [CSS Tutorials : Lesson 9 : CSS Padding](#)
 - » [CSS Tutorials : Lesson 10 : Cascading Style Sheets \(CSS\) List](#)
 - » [CSS Tutorials : Lesson 11 : Dimensions](#)
 - » [CSS Tutorials : Lesson 12 Elements Display](#)
 - » [CSS Tutorials : Lesson 13 : Pseudo Classes](#)
 - » [CSS Tutorials : Lesson 14 : Media Styles](#)
 - » [CSS Tutorials : Lesson 15 : Units, Colors, References](#)
-
-

5) The Best New Free Windows, Linux, Hardware and General Computer Training Sites

Computer Management

Computer management is key practice for any computer user. In this useful workshop you will learn how to prevent your computer from becoming a victim of the Internet. We'll give you knowledge that doesn't come in the manual -- how to manage a healthy computer.

- [Introduction](#)
- [Introduction to Operating System Security](#)
- [Securing Windows XP](#)
- [Securing Mac OS X](#)
- [Introduction to Antivirus Software](#)
- [Windows XP Antivirus](#)
- [Mac OS X Antivirus](#)
- [Adware and Spyware](#)
- [Windows XP and Spyware](#)

[Introduction to Microsoft Windows XP](#)

Microsoft Windows XP is the most commonly used operating system on the planet right now. In this thorough introduction you will learn the basics of this latest Windows version. This course will instruct you in how to navigate and perform basic operations such as: file management, application installation, common shortcuts, and more on Microsoft Windows XP.

- [Desktop](#)
 - [Start Menu](#)
 - [Control Panel](#)
 - [Explorer](#)
 - [Installing Programs](#)
 - [Shortcuts/Tricks](#)
-
-

6) Software, Office and Computer Sites and Downloads Worth Mentioning

[Free Excel Add-ins](#)

Here are 2 free Excel add-ins:

Funcustomize.dll (Excel 95 / 97 / 2000 / 2002 / 2003)

This free add-in allows to customize VBA user-defined functions in Excel's function wizard :

- add descriptive text to each argument
- store user-defined functions in a new category (for instance "My

Functions")

Morefunc.XLL (Excel 95 / 97 SR-1 / 2000 / 2002 / 2003)

65 add-in worksheet functions (translated from French into English).

[Gantt Chart Designer](#)

This is a free tool you can use to create, view and print charts for business and personal schedules and plans. Gantt Designer is a charting tool, with functions to check for data integrity, manipulate tasks easily and annotate tasks. The result is that you get an immediate visual verification whether your schedules and activities make sense and whether they can meet your deadlines. You can use this to showcase project activities or schedules in a business proposal. Free registration is required.

[sqlDESKTOP Release 2.0](#)

sqlDESKTOP is a free office productivity product for Linux and Windows that helps you organize documents, Web pages, database queries, multimedia data on CD ROM or DVD, etc. as easily as in an ordinary office environment. With sqlDESKTOP you can place related documents in the same binder even if some are computer files and others Web sites or database queries. You can arrange by project, by department or whatever makes sense to you. This office tool doesn't tell you how to organize, but instead, it lets you do things your own way.

7) Question of the Month about Software Training:

Each month Scott Turton will answer a current or important question that we have received about computer and software training.

May 2006 Question of the Month:

What are the best free antivirus software applications available to download on the Web?

Answer:

Here are some of the best antivirus applications available to download for free:

[AVG Free](#) - AVG Free for Windows is a free anti-virus protection tool developed by Grisoft for home use. This application gives you free and automatic virus database updates, does not slow down your system, provides real-time protection as files are opened, and includes an e-mail scanner.

[Panda Software's Antivirus ActiveScan](#) - A free online service that scans, disinfects and eliminates over 110,000 viruses, worms, trojans and spyware from all system devices, hard disks, compressed file and all your email.

[ClamWin Free Antivirus](#) - This free antivirus software for Microsoft Windows 98/Me/2000/XP/2003 features the following: a scanning scheduler, automatic downloads of virus database updates, standalone virus scanner, right-click menu integration to Microsoft Windows Explorer, and an addin to Microsoft Outlook to remove virus-infected attachments automatically. It does not include an on-access real-time scanner.

[F-Prot Antivirus for DOS](#) - This is free for for home users on personal workstations.

[F-Prot Antivirus for Linux Workstations](#) - This is free for home users using the Linux open-source operating system. It includes a system of internal heuristics devised to search for unknown viruses. Scans for over 268,766 known viruses and their variants; can be used with the cron utility to perform scheduled scans; scans hard drives, CD-ROMS, diskettes, network drives, directories and specific files; and scans for images of boot sector viruses, macro viruses and Trojan Horses.

[AntiVir PersonalEdition Classic](#) - The private, non-commercial use of AntiVir Workstation for Linux / FreeBSD / Solaris is free.

Also, here are 3 linked lists of free (and some for cost) antivirus utilities: [Antivirus software list from thefreecountry.com](#), [TheFreeSite.com: Anti-Virus Programs](#), [Freebyte's Guide to Free Anti-Virus Software](#). And, here is a [google search](#) for free antivirus software.

I hope this helps you.

Scott Turton

<http://www.EducationOnlineForComputers.com>

8) Please Support Our Training Mission

<http://www.EducationOnlineForComputers.com>

How You Can Support Our Computer and Software Training Mission

Please help support EducationOnlineForComputers.com's Computer and Software Education and Training Mission by visiting our sponsors below and requesting more information. By doing so, you will be helping people who want to learn to use computers in an Information Technology career.

[EdComp.com:](#)

<http://www.edcomp.com/>

This is our new free computer and IT education and training search engine housing over 150,000 free training internet resources! Just type in a topic you're looking for and get tons of great web resources instantly. These search results are much better than the big search engines, like google. You can also check out our predefined search results page giving you tons of free training resources:

<http://www.edcomp.com/predefined.htm>.

ITT Technical Institute: Choose from their many programs:

<http://ipodra.com/clk/kaitanyunnuodiao>

University of Phoenix Online: Advance your career:

<http://pontly.com/clk/aftauserafthepausulde>

DeVry: Online degrees for working adults?

<http://iashel.com/clk/guntuanglangan>

American College of Computer & Information Sciences:

Get the degree you need to advance your career...online at your convenience

<http://wesac.com/clk/solfglurtmataftatz>

Saint Leo University Online:

Accelerated Online Degree Programs: Business and Accounting, Computer Information, Criminal Justice, Liberal Arts.

<http://gartum.com/clk/yadenibonkiryudaibon>

University Alliance Schools:

Accelerated degrees and flexible online courses with streaming video lectures

<http://elilip.com/clk/tuonongzangtuzhuai>

EducationOnlineForComputers.com

<http://www.EducationOnlineForComputers.com>

Free Computer Software Training Now!

A free and member-based software educational and training portal web site. We have compiled, categorized, described, and linked many sites that will be of keen interest to computer software application end-users seeking free training and knowledge. Many subject areas are covered, including Microsoft Office, Flash, Photoshop, Dreamweaver, FrontPage, Web Development, Windows, Linux, and Computer Hardware. You are able to study and learn all about computer software via Free training, courses, tutorials, documentation, articles, tips, notes, and help. Check us out today.

Copyright Notice: Please note that all of the items hyperlinked are copyrighted by their authors and/or publishers. You are expected to look for, read, and adhere to such notices. Downloaded and online material is copyrighted whether or not a copyright notice is present.

*****[EducationOnlineForComputers.com's Member Site](#)*****

Our Members' Site contains the web's best computer software training resources and tutorials. This content is individually linked and presented in a way to expedite and facilitate your software and computer learning experience. We have done all the web research and presentation work for you so you can concentrate solely on your computer training.

EducationOnlineForComputers.com Member Site FAQ Answers:

1. All of the web sites and pages in our members site are not in the free section of our web site. The member site training is more detailed and the best available. The online training resources in our members' site are linked and laid out in a much more detailed fashion than those in the free section. This will save you time in finding all the best free training on the web.
2. You can choose to pay using either Paypal or 2Checkout. If paying pay check

and you live in the U.S., please select 2Checkout.

3. You have a choice to select the non-recurring or recurring method of payment. If you select non-recurring, when your membership period expires, you will not be automatically charged another fee on your credit card or check.
4. The total price to join our member's site is only \$14 total for 2 months, \$24 for 4 months, \$32 for 6 months, or \$56 for a whole year. The funds generated will assist us to help all those seeking software application education training. Here's the link to see what's available on our member's site and to sign up: <http://tinyurl.com/7ien> You can email Scott Turton with questions at scott_turton@educationonlineforcomputers.com

I will give you 5 Great Free Bonuses when you sign up now.

These are as follows:

1. 28 Modules of Soft Skills Training, covering topics such as Coaching, Delegating, Finance Essentials, Hiring, Leading and Motivating Team, Making a Presentation, Managing Your Time, and Setting Goals.
2. 19 Online Business and Reference Books, including titles such as Scientific Advertising, The Art of Electronic Publishing, and Small Business Manual
3. 12 Instructive e-Books, including On Line Stealth Marketing, 7 Secrets to Unlimited Traffic, and Increase Auction Profits.
4. Instant and Easy Online Access to the 24 Best Free Computer Help & Support Sites.
5. 45 of the Best, Completely Free Programs and Utilities.

To Subscribe to this Free monthly Newsletter of Computer Education, Training, & Tutorial Resources simply send a blank email to this address:

newsletter-sub@educationonlineforcomputers.com

(You will need to confirm using a link in a confirming email.)

Or go to this web page and use the **subscribe form**:

http://www.educationonlineforcomputers.com/newsletr_sub_unsub.html

To Unsubscribe from this Free monthly Newsletter of Computer Education, Training, & Tutorial Resources simply send a blank email to this address:

newsletter-unsub@educationonlineforcomputers.com

(no need to confirm)

Or simply go to this web page and use the **unsubscribe form**:

http://www.educationonlineforcomputers.com/newsletr_sub_unsub.html

Thank You!

scott_turton@educationonlineforcomputers.com

<http://www.EducationOnlineForComputers.com>