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Newsletter for [EducationOnlineForComputers.com](#) Computer Software Education, Training & Tutorial Resources

***** ISSUE #50 - June, 2008 *****

[EducationOnlineForComputers.com](#)

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EducationOnlineForComputers.com/newsletter50.html

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and associates who might be interested!

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1) Editor's Greeting:

Hello everyone, and welcome to our new subscribers!

Here is our June 2008 issue (#50) of our Free monthly Newsletter for EducationOnlineForComputers.com, giving you the most current Free online Microsoft Office and Web Development Software Training and Tutorial Resources that we have recently discovered and researched. This newsletter is free to anyone subscribing ([instructions](#) at bottom, no username/password is needed). To access our member site, however, you do need a user name and password - registering as a member of EducationOnlineForComputers.com costs only \$14 for two months, for more information please see [Become a Member of EducationOnlineForComputers.com](#).

My desire is that these free resources will help you with your computer education and training and will help you advance your career. Our main mission is the training of those less fortunate who are seeking to become computer literate, from a user's perspective.

By means of this email newsletter, you have knowledge of and access to these sites before our web site visitors do. The best of these resources will be added to our Member Training pages and the remainder to our Free Training pages.

***** Current Issue *****

In this issue we are featuring a total of 33 Computer Software Application training, learning and tutorial web sites, with a total of 117 tutorial courses linked. It features many Free Microsoft Office, Flash, Photoshop, Dreamweaver, and Web Development training tutorials for your learning profit and enjoyment.

Please take a look at and bookmark our [Blogs](#), these will be updated daily and weekly with [New Free Training and Tutorial Resources](#), as I discover and evaluate them:

[EducationOnlineForComputers.com Blogs:](#)

- [Free Microsoft Office Training](#)
- [Free Web Development Training](#)
- [Free Adobe & Macromedia Training](#)

[Intelligentedu.com Blogs:](#)

- [Free Technical Computer Training](#)
- [Free Computer Books & Ebooks](#)

To get your **Free MS Office and Web Development Software Training updates via RSS**, please copy (right click and copy shortcut or link location) and paste these urls into your RSS reader:

[Free Microsoft Office Training Tutorial Resources rss2.xml](#)

[Free Training Photoshop Flash Dreamweaver FrontPage Adobe Macromedia rss2.xml](#)

[Free Web Development Training Tutorial Resources rss2.xml](#)

Please visit our **New Free Training and Tutorial Search Engine**, [Edcomp.com](http://www.edcomp.com) - We have deployed a new website at www.edcomp.com that is a search engine with a large database of over 150,000 free IT education and training web resources, with another 70,000 free resources reserved exclusively for paid members. If you're an educationonlineforcomputers.com member, go to <http://www.edcomp.com/members/> to access the special members' page for searching 220,000 free training web resources.

For your convenience, this newsletter is also available to subscribers in HTML format at this special url:

http://www.educationonlineforcomputers.com/current_news.html

If you are looking for free technical or programming training, please visit our sister site:

<http://www.intelligentedu.com>.

Also, please check out our new free computer training search site at www.edcomp.com.

I wish you the best with your computer studies and learning.

Warm Regards,
Scott Turton Newsletter and Web Site Editor
scott_turton@EducationOnlineForComputers.com
<http://www.EducationOnlineForComputers.com>

**"Learn New Skills and Increase Your Earning Power
- With Free Online Computer Training!"**

*** [Become a Member of EducationOnlineForComputers.com](http://www.educationonlineforcomputers.com) ***

Our Members' Site contains the web's best Microsoft Office and other software training resources and tutorials. This content is individually linked and presented in a way to expedite and facilitate your computer learning experience. We have done all

the web research and presentation work for you so you can concentrate solely on your computer training. For short [FAQ Answers](#), please see the end of this newsletter.

The total price to join as a member is only \$14 total for 2 months, \$24 for 4 months, \$32 for 6 months, or \$56 for a whole year. The funds generated will assist us to help all those seeking computer education and application end-user training. [Here's the link](#) to see what's available on our member's site and to sign up.

[EdComp.com:](#)

<http://www.edcomp.com/>

This is our new free computer and IT education and training search engine housing over 140,000 free training internet resources! Just type in a topic you're looking for and get tons of great web resources instantly. These search results are much better than the big search engines, like google. You can also check out our predefined search results page giving you tons of free training resources:

<http://www.edcomp.com/predefined.htm>.

--> Here is Your Reward for Subscribing to this Newsletter <--

***** [Get Your Free Microsoft Office Forms and Templates](#) *****

[Click here](#) for tons of Free Office Forms and Templates

2) The Best New Free Microsoft Office Training & Tutorial Sites:

This section of our newsletter contains the best new Free Microsoft Office training and tutorial sites that we have found and researched in the last few weeks.

[TrainingByEmail](#)

Visit [TrainingByEmail](#) to receive **Free Training for Word, Excel, Outlook, C#, ASP.Net, and SQL** via your email every week! We will send out a new training in the topic of your choosing every week. You can then save this, print it out, or delete it all at your convenience. And you can't beat the price, FREE!

[Getting Started Handouts for Word, Excel, PowerPoint, & Access](#)

Here are 4 Getting Started With Training Handouts covering Word, Excel, PowerPoint, and Access, from the University of Texas. If you need to learn more about these applications' basic features and tasks, then these will help you do that.

[Getting Started with Microsoft Word](#)

This handout provides an introduction to Microsoft Word's basic functionality. It covers starting Word, the Word interface, creating a Word document, editing a Word document, selection techniques, paragraph and character formatting, spell checking, printing, graphics and tables.

[Getting Started with Microsoft Excel](#)

This handout introduces the basic features of Microsoft Excel. It shows how to enter and edit data, perform formatting, enter formulas, do page setups, and print spreadsheets.

[Getting Started with Microsoft PowerPoint](#)

This handout introduces the basic features of Microsoft PowerPoint and shows how

to create simple presentations, along with editing and formatting your PowerPoint slides.

[Getting Started with Microsoft Access](#)

Microsoft Access is a relational database application with which you can efficiently save and retrieve data in many formats. This handout explains how to navigate the Access interface, create simple tables and queries, and relate information from one table to another.

[Free Introduction to Word 2003 Training Manual](#)

Here is a great, free [Introduction to Word 2003 Training Manual](#), from mousetraining.co.uk. This illustrated Word training document is 167 pages in length and is downloadable in zip format (ZIP file is 3.1mb, resulting DOC file is 6.5mb after unzipping). Word features and topics demonstrated include the following: Smart Tags, Undo & Redo, Autocorrect, Templates, Navigation, Selecting Text, Moving & Copying, Character and Paragraph Formatting, Bullets, Document Views, Printing, Tables, and Page Layout. Look for the hand icons which precede the list of instructions for each command or feature being taught. The Appendix list the toolbars mentioned within the manual with a breakdown of their functions and tables of shortcut keys.

All of the free training manuals offered by mousetraining.co.uk are available on their [MS Office Training Manual Download page](#).

Introduction to Word 2003 Training Manual Table of Contents:

- Introduction
- How to use this guide
- Objectives:
 - Instructions
 - Appendices
 - Keyboard
 - Commands
 - Notes

Section 1

The Basics:

Windows Concepts

Getting Started

Screen Layout:

- Title bar

Toolbars

Horizontal and Vertical Ruler

Status Bar

Scrollbars

Task Pane

View Buttons

Smart Tags

Microsoft Word 2003 Help

Section 2

Entering and Editing Information:

Word Wrap

Inserting Lines

Editing Text

Show / Hide All

The Undo and Redo features

Using Smart Tags

AutoCorrect

File Operations:

New Files

Templates

Saving files

Closing Files

Opening Files

Section 3

Navigation:

- The Mouse

- The Keyboard

- Goto

Section 4

Selecting Text:

Extend Mode

Selecting non-concurrent text

Section 5

Editing Tools

Move & Copy:

- Moving items
- Copying items
- Drag and Drop
- Moving and Copying between documents
- Clipboard Task Pane
- Insert a file

Section 6

Formatting:

Character formats:

- Formatting toolbar
- Font Style
- Point Size
- Font Tab
- Character Spacing Tab
- Text Effects Tab

Keyboard shortcuts for character formatting

Paragraph Formats:

- Alignment
- Indents

Other Paragraph Formats:

- Line and Page breaks Tab
- Pagination
- Keyboard shortcuts for paragraph formatting

Borders:

- Changing the paragraph border width
- Page Borders
- Shading
- Shortcut Menus

Bulleted and Numbered lists:

- Bullets
- Customise a bulleted list
- Numbers
- Customise a numbered list
- Create a multi-level list
- Bullets and numbering with the shortcut menu

Section 7:

Viewing Your Document:

- Normal View
- Print Layout View

- Web Layout View
- Outline View
- Document Map
- Viewing multiple documents

Printing:

- Print Preview
 - Magnification
 - Edit from the Print preview screen
 - Pages per screen
 - Zoom
 - View ruler
 - Shrink to fit
 - Full screen
 - Print a document
 - Number of Copies

Section 8:

Tables:

- Create tables
- Table Navigation
- Select items in a table
- Format table data
- Change column widths
- Add rows and columns
- Remove rows and columns

Table borders and shading:

- Tables and Borders Toolbar
- Choose bordered edges
- Change border style
- Line style, weight, and color
- Table shading
- Repeating Table Headings

Section 9:

- Proofing Tools
- Spell Checker & Thesaurus
 - Spell and Grammar Checker
 - Thesaurus
 - Look up a synonym

Section 10:

- Page Layout
- Page Setup:

- Margins Tab
- Paper Tab
- Layout Tab
- Page breaks

Headers and Footers:

- Header and footer toolbar
- Insert Header and Footer field codes
- Using pictures in headers and footers

Page numbers:

- Position
- Alignment
- Format
- Start number
- Suppress page numbers

Appendix:

- Keyboard Shortcuts
- Movement keys
- Selection keys
- Keyboard shortcuts for character formatting
- Shortcuts keys for table navigation
- Shortcut keys for selecting in a table

[Free Advanced Word 2003 Training Manual](#)

Here is an excellent, free [Advanced Word 2003 Training Manual](#), from [mousetraining.co.uk](#). This illustrated advanced Word training document is 191 pages in length and is downloadable in zip format (ZIP file is 3.5mb, resulting DOC file is 4.4mb after unzipping). Advanced Word features and topics covered by this training manual include the following: advanced Table Features, advanced Formatting Techniques, Styles, Outlining, working with Headings and Fields, Auto-Features, Columns, Indexes and Tables, Master Documents, Track Changes, Comments, and Templates and Forms. Look for the hand icons which precede the list of instructions for each command or feature being taught.

Advanced Word 2003 Training Manual Table of Contents:

Introduction

How to use this guide

Section 1

Advanced Tabs

Tables - Advanced Features

Moving and Copying

Splitting A Table

Table, Row, and Column Sizes

Table Alignment

Merging and Splitting Cells

Sorting Cells

Table Formulas

Draw Table

Repeating Table Headings

Section 2

Advanced formatting techniques

Styles

Default styles

Creating new styles

Redefining a style

Creating & redefining with format style

Copying Styles between Documents

Borders

Changing the paragraph border width

Page borders & Shading

Defining Styles Automatically

Printing Styles

Section 3

Outlining

Document outlines

Using an Outline

Moving Headings and Body Text in an Outline

Outline Numbering

Customising the outline numbering

Section 4

Using the Document Map

Document Map

Changing the Level of Detail

Section 5

Numbering Headings
Applying Numbering
Customised Numbering

Section 6
Using Fields
Inserting Fields
Field Switches
Viewing & Updating Field Codes
Locking, Unlinking & Deleting Fields
Common Long Document Fields
Date and Time
Document Information
Links and References

Section 7
Creating cross-references
Cross-Referencing Text
Heading cross-references
Page Reference
Updating cross-references

Section 8
Auto-Features
AutoFormat
AutoText
AutoComplete
AutoSummarize

Section 9
Advanced tips and tricks
Locating Files
Advanced Header and Footer options
HyperLink

Section 10
Section Breaks
Continuous & Next Page Section Breaks
Odd Page and Even Page section breaks
Handling Headers And Footers
Section Properties

Section 11
Columns
Snaking Columns

Entering Text

Lines between columns

Column Breaks

Section 13

Indexes and Tables

Table of Content

Indexes

Editing and Updating Indexes

AutoMark

Section 14

Using Master documents

Saving the Master Document

Converting An Existing Document Into A Master Document

Inserting Subdocuments Into A Master Document

Working With Subdocuments

Multi-User Access

Formatting A Master Document

Printing the Master document & Subdocument

Printing the Master Document Outline

Section 15

Footnotes and endnotes

Footnotes and Endnotes

Inserting Footnotes

Customising Footnotes

Using Endnotes

Section 16

Track Changes (Revision Marks)

Locking A Document

Versions

Section 17

Comments

Locking A Document

Printing Comments

Section 18

Customising the Word 2003 environment

Customising Toolbars &Menus

Macros

Section 19

Templates and Forms
Customising the template environment
Form fields

[Free Excel 2003 Essentials Training Manual](#)

Excel allows you to create and manage tables (worksheets) of data that are cross-referenced by rows, columns and other worksheets, and include calculations and graphs on that data. The data can be set up with various levels complexity, from containing simple formulas to complex functions and mathematical models.

Here is an excellent [Free Excel 2003 Essentials Training Manual](#), from microsofttrainingcourses.co.uk. This training document is 216 pages in length, the zipped download size is 2.3mb, and the resulting doc file size is 5.8mb. Essential Excel features and functionality covered by this Excel training manual include: Excel Screen Layout, Toolbars, Editing and Referencing Cells, Formulas, Functions, Moving And Copying Data, Formatting Data and Cells, Names, Working With Multiple Sheets, Printing, Manipulating Large Worksheets, Sorting & Subtotalling Data, and Customizing Excel. The Appendix shows all of the Excel toolbars with their functions referred to in the manual, along with tables of shortcut keys and an Excel glossary. For step-by-step instructions for each Excel command taught, look for the hand icon.

Excel 2003 Essentials Training Manual Table of Contents:

Introduction
How To Use This Guide
Objectives
Instructions
Commands
Notes
Tips

Section 1
The Basics
Windows Concepts
Excel Basics
The Spreadsheet Concept

The Excel Screen Layout

Use Toolbars

Use Menus

Getting Help

Section 2

Move Around And Enter Information

Data Entry

Autocomplete

Pick From List

Editing

Select Information

Select Cells The Mouse

Select Cells With The Keyboard

Clear Cells

The Fill Handle

Select Cells To Limit Data Entry

Select Cells For Multiple Entry

Section 3

Formulas And Functions

Entering Formulas By Pointing

Errors In Formulas

Filling Formulas

Functions

Function Box

Type Functions

Function Argument Tool Tips

Cell References

Absolute And Relative References

Section 4

File Operations

Save Files

Close Files

Open Files

New Files

Create Workspace Files

Section 5

Moving And Copying Data

Moving and Copying Items

Drag And Drop

Shortcut Menus

Moving And Copying Between Files

Moving And Copying Between Worksheets Paste Special

Section 6

Formatting

Background Fill Colour

Borders

Alignment

Merge Cells

Number Formats

Advanced Formats

Format Cells Dialog

Custom Number Formats

Formatting Columns And Rows

Hide Columns And Rows

Insert and Delete Cells

Shortcut Keys For Formatting

Conditional Formatting

Section 7

Names

Rules When Naming Cells

Define and Create Name

Selecting Names

Names In Formulas

Apply and Delete Names

Intersecting Names

Section 8

Working With Multiple Sheets

Moving Between The Workbook Sheets

Move And Copy Worksheets

Insert And Delete Worksheets

Group Adjacent Sheets

Group Non-Adjacent Sheets

Fill Data Across Worksheets

3-D Formulas

External References

Protect Worksheet Data

View Worksheets Side By Side

Watch Window

Section 9

Printing

Print Preview

Page Setup
Page and Margine Tab
Header and Footer Tab
Sheet Tab
Page Breaks
Printing Large Spreadsheets

Section 10
Manipulating Large Worksheets
Split Screen
Freeze Panes
Zoom

Section 11
Sorting & Subtotalling Data
Lists
Sorting List Data
Subtotals
Summarising A Subtotalled List
Show And Hide By Level
Sort List Data With Sort Tools

Section 12
Customizing Excel
Customize Toolbars
Set Options
General Tab
View and Edit Tabs
Edit Tab
Transition Tab

Appendix
Standard Toolbar
Auditing Toolbar
Movement Keys
Mouse Selection Methods
Selection Keys
Keyboard Shortcuts For Formatting
Glossary

[Free Advanced Excel 2003 Training Manual](#)

Here is an excellent [Free Advanced Excel 2003 Training Manual](#), from microsoftrainingcourses.co.uk. This training document is 155 pages in length, the zipped download size is 1.1mb, and the resulting doc file size is 9.8mb. Advanced Excel features and functionality covered by this Excel training manual include: Conditional & Logical Functions, Lookup Functions, Goal Seeking And Solving, Views and Scenarios, Reports, Manage Lists, Advanced Filtering, Pivot Tables, Charting, Templates, Auditing, Validation Circles, Precedents And Dependants, and Comments. For step-by-step instructions for each Excel command demonstrated, look for the hand icon.

Advanced Excel 2003 Training Manual Table of Contents:

Introduction

How To Use This Guide

Section 1

Using Advanced Worksheet Functions

Using Names

Conditional & Logical Functions

If Statements

And, Or, Not

Lookup Functions

Vector Lookup

Hlookup

Vlookup

Nested Lookups

Goal Seeking And Solving

Solver

Section 2

Views, Scenarios & Reports

Views & Scenarios

Custom Views

Scenario Manager

Print Reports

Section 3

Using Excel To Manage Lists

Excel Lists

Sorting Data

Adding Subtotals To A List

Filtering A List

Data Form

Advanced Filtering

Copying Filtered Data

Database Functions

Pivot Tables

Modifying A Pivot Table

Grouping Pivot Table Items

Section 4

Excel Charts

Chartwizard

Moving And Resizing Embedded Charts

Chart Types

Formatting Charts

Format Chart Elements

Manipulating Chart Data

Chart, Edit Series

Swapping The X And Y Axes

Using Charts To Change Data

Section 5

Templates

Custom Templates

Autotemplates

Opening And Editing Templates

Template Properties

Section 6

Auditing

Tracers

Comments

Validation Circles

Go To Special

Precendents And Dependants

Comments

[Free Microsoft Project 2003 Training Manual](#)

Using Microsoft Project, you are able to to define projects, manage, update, and communicate information about a project. The details of the project's tasks and associated resources are entered into the system as a new project. Project then shows the information such that the relationships of the tasks and their time scales can clearly be seen and potential problem areas identified.

Here is a [Free Microsoft Project 2003 Training Manual](#), from microsofttrainingcourses.co.uk. This training document is 140 pages in length, the zipped download size is 711kb, and the resulting doc file size is 1.3mb. It will teach and show you all of Project's important features and functionality, as listed below, including the 3 main methods of viewing and editing project data: charts, forms, and sheets. Charts can be either Gantt Charts or Network Diagram Charts both of which are a diagrammatic representation of the project data. Forms contain the data relevant to a single specific task or resource. Sheets are a table of all the Tasks or all the Resources that are part of the Project.

Project 2003 Training Manual Table of Contents:

Section 1

- Understanding Project Management
- Project Language, Terminology
- Views and Tables
- The Tracking Gantt View
- Project's Menus
- Project's The Tool Bars
- The Stages of Project Management
- Monitoring and Adjusting

Section 2

- Planning and Defining the Project
- Defining the Project
- The Goal and Objectives
- The Specification and Limitations
- Project Properties
- Creating a New Base Calendar
- Save the New Project File
- Saving and Ending a Project Session

Section 3

- Entering Tasks
- The Task Information box/Task Sheet
- Tables and descriptions

- In the Gantt Chart or the Task Sheet
- Using the Task Information Form
- Using The Network Diagram Chart
- Adding and Linking Tasks
- Defining the Summary Tasks
- The AutoCorrect Feature

Section 4

- Resource Management
- Reviewing and Navigating the Resource Sheet
- Adding Resources to the Resource Sheet
- The Resource Graph
- Set Resource Calendars
- Allocate Resources
- Review Resource Usage
- Working with Resources
- Updating Resource Information on the Fly
- Planned Time Scale
- Lead Time and Lag Time
- The Outlining View (Summary)
- Promoting and Demoting Tasks

Section 5

- Display Data and Cost Factors
- Using Gantt Charts
- Changing Time Scale and the Palette
- Using Network Diagram Charts
- Changing the contents of a Node
- Changing the layout of the Chart
- Elements of the Network Diagram Chart
- Applying and Customizing Filters
- Examining the Cost Factor

Section 6

- Page Setup
- Printing Charts, Forms and Sheets
- Reports Setup & Editing Reports
- Task and Cost Information
- Cost information
- Reports by Report Type

Section 7

- Updating the Project
- Updating Task Data
- Entering Task Names and Durations

Tracking Progress

Viewing the Gantt Chart and the Resource Graph

Modifying the Project to Match Resources

Levelling

Define an Update Point

Section 8

Multiple Projects

Using Common Resources

Adding Sub Projects

Consolidating Projects created in earlier versions of Project

Recurring Tasks

Task Relationships

The Organizer

[12 Free Office XP Training Manuals](#)

Here are 12 Free Office XP Training Manuals for all of these Microsoft applications: Word, Excel, PowerPoint, Outlook, Access, Project, Visio, and FrontPage. These excellent free Office training documents, from microsofttrainingcourses.co.uk, include tutorials and instructions for learning both introductory and advanced features, and also provide Macro and VBA training. The documents are downloaded in zip format, and when unzipped are in Word (.doc) format. They are comprehensive and teach you all of the features and topics for these apps in a step-by-step format.

MS Office 2002 / XP Training Manuals:

- [Microsoft Word 2002 XP Introduction](#)
- [Microsoft Word 2002 XP Advanced](#)

- [Microsoft Excel 2002 XP Introduction](#)
- [Microsoft Excel 2002 XP Advanced](#)
- [Microsoft Excel 2002 Macros and VBA](#)

- [Microsoft 2002 XP PowerPoint](#)

- [Microsoft 2002 XP Outlook](#)
 - [Microsoft Access 2002 XP](#)
 - [Microsoft Access 2002 XP Macros](#)
 - [Microsoft 2002 XP Project](#)
 - [Microsoft Visio 2002 XP](#)
 - [Microsoft 2002 XP FrontPage](#)
-

12 Free Office 2000 Training Manuals

Here are 12 Free Office 2000 Training Manuals for all of these Microsoft applications: Word, Excel, PowerPoint, Outlook, Access, Project, Visio, and FrontPage. These excellent free Office training documents, from microsofttrainingcourses.co.uk, include tutorials and instructions for learning both introductory and advanced features, and also provide Macro and VBA training. The documents are downloaded in zip format, and when unzipped are in Word (.doc) format. They are comprehensive and teach you all of the features and topics for these apps in a step-by-step format.

MS Office 2000 Training Manuals:

- [Microsoft Word 2000 Introduction](#)
- [Microsoft Word 2000 Advanced](#)
- [Microsoft Excel 2000 Introduction](#)
- [Microsoft Excel 2000 Advanced](#)
- [Microsoft PowerPoint 2000](#)
- [Microsoft Outlook 2000](#)

- [Microsoft Access 2000](#)
 - [Microsoft Access 2000 Macros](#)

 - [Microsoft Project 2000](#)

 - [Microsoft FrontPage2000](#)
-
-

3) The Best New Free Training Sites for Flash, Photoshop, Dreamweaver, FrontPage, and other Adobe and Macromedia Applications

[25-Lesson Flash 8 Video Course](#)

Macromedia Flash Pro 8 is the industry's most advanced authoring environment for creating interactive web sites, digital experiences, and mobile content. With Flash Professional 8, creative professionals can design and author interactive content rich with video, graphics, and animation for truly unique, engaging web sites, presentations or mobile content. Here is a great, free [25 Lesson Flash 8 Video Course](#) that will teach you both Flash fundamentals and a few advanced Flash features and techniques. You can [join this course](#) to interact with other students and ask questions using the [course blackboard](#).

Flash 8 Course Video Tutorials:

- [01. Flash Video Tutorial - Using Layers](#)
- [02. Flash Video Tutorial - Guide Layers](#)
- [04. Flash Video Tutorial - Adding Scenes](#)
- [05. Flash Video Tutorial - Adding Images](#)
- [06. Flash Video Tutorial - Editing Images](#)

- [07. Flash Video Tutorial - Gradients](#)
 - [08. Flash Video Tutorial - Tweening](#)
 - [10. Flash Video Tutorial - Image Buttons](#)
 - [12. Flash Video Tutorial - Morfing](#)
 - [14. Flash Video Tutorial - Drag and Drop](#)
 - [15. Flash Video Tutorial - Load External SWF](#)
 - [16. Flash Video Tutorial - Buttons Sounds](#)
 - [17. Flash Video Tutorial - Masking](#)
 - [18. Flash Video Tutorial - Animated Highlighting](#)
 - [19. Flash Video Tutorial - Animated Banner](#)
 - [20. Flash Video Tutorial - Bitmap Tweening](#)
 - [21. Flash Video Tutorial - Importing Libraries](#)
 - [22. Flash Video Tutorial - Flash Projectors](#)
 - [23. Flash Video Tutorial - Sequential Images](#)
 - [24. Flash Video Tutorial - Get URL](#)
 - [25. Free Flash 8 Video Tutorial - Loop FLV Movies](#)
 - [How to use macromedia flash 8](#)
 - [How to use Actionscript 2.0 class](#)
-

41 Basic Photoshop Video Tutorials

Here are [41 Basic Photoshop Video Tutorials](#), from sutree.com's free Basic Photoshop Basic Course. These Photoshop tutorials show and demonstrate for you how to use many Photoshop tools and features, such as the Lasso Tool, the Slice Tool, the Clone Tool, Vector Path Tools, Vector Shape Tools, History Brush, Blur Sharpen and Smudge, Color Selector, Layers, Masking Layers, Filters, Text Tools, Image Tools, Page Layout, 3D, Animation, the Pen Tool, and Smart Objects.

Photoshop Video Tutorials:

- [01. Photoshop Video Tutorial - Setting up a new Document](#)
- [02. Photoshop Video Tutorial - Magnetic Lasso](#)
- [03. Photoshop Video Tutorial - Lasso Tool](#)
- [04. Photoshop Video Tutorial - Slice Tool](#)

- [05. Photoshop Video Tutorial - Clone Tool](#)
- [06. Photoshop Video Tutorial - History Brush](#)
- [07. Photoshop Video Tutorial - Blur Sharpen and Smudge](#)
- [08. Photoshop Video Tutorial - Burn Dodge Sponge](#)
- [09. Photoshop Video Tutorial - Vector Path Tools](#)
- [10. Photoshop Video Tutorial - Vector Shape Tools](#)
- [12. Photoshop Video Tutorial - Color Selector](#)
- [13. Photoshop Video Tutorial - Layers I](#)
- [14. Photoshop Video Tutorial - Layers II](#)
- [15. Photoshop Video Tutorial - Quick Masking Layers](#)
- [16. Photoshop Video Tutorial - Corrective Filters](#)
- [17. Photoshop Video Tutorial - Importing Images Twain](#)
- [19. Photoshop Video Tutorial - Text Tools](#)
- [20. Photoshop Video Tutorial - Image Tools](#)
- [21. Photoshop Video Tutorial - Custom Fill](#)
- [22. Photoshop Video Tutorial - Clipping With Bitmaps](#)
- [23. Photoshop Video Tutorial - Color Sampler](#)
- [24. Photoshop Video Tutorial - Auto Select Layers](#)
- [25. Photoshop Video Tutorial - Page Layout](#)
- [27. Photoshop Video Tutorial - Simple Navigation Header](#)
- [28. Photoshop Video Tutorial - PMS Colors](#)
- [30. Photoshop Video Tutorial - Retouch Old Pictures](#)
- [31. Photoshop Video Tutorial - Shifting Hues](#)
- [32. Photoshop Video Tutorial - Faked Fill Drop Shadow](#)
- [33. Photoshop Video Tutorial - Halftone](#)
- [34. Photoshop Video Tutorial - Vanishing Point Tool](#)
- [35. Photoshop Video Tutorial - Retro Halftone](#)
- [36. Photoshop Video Tutorial - 3D in Photoshop](#)
- [37. Photoshop Video Tutorial - Grunge Image Brushes](#)
- [38. Photoshop Video Tutorial - Spikey Objects](#)
- [39. Photoshop Video Tutorial - Photoshop Animation](#)
- [40. Photoshop Video Tutorial - Basics of Pen Tool](#)
- [41. Photoshop Video Tutorial - Trace Image Pen Tool](#)
- [43. Photoshop Video Tutorial - Actions and Automation](#)
- [44. Photoshop Video Tutorial - Smart Objects](#)
- [46. Photoshop Video Tutorial - Clipping Path](#)
- [47. Photoshop Video Tutorial - Cartoon Cross Hatch](#)

[Over 600 Photoshop and ImageReady Tutorials](#)

Here are over 600 Photoshop and ImageReady Tutorials from graphicssoft.about.com. These cover several versions of Photoshop, from the latest CS version to 7.0, 6.0, Element, and 5.5. Many Photoshop features and tools are taught by these Photoshop tutorials, from the very basics to advanced topics, such as Curves, Levels, Extract, Actions, Adjustment Layers, and ImageReady Animation and Slicing. Also available at this site is a [Free Photoshop Course by Email](#).

[500 Online Photoshop Tutorials:](#)

- [Photoshop's Native Filters \(20\)](#)
- [Photoshop Basics & Tools \(73\)](#)
- [Creating Art & Effects \(126\)](#)
- [Actions & Batch Processing \(17\)](#)
- [Layers & Blend Modes \(20\)](#)
- [Working with Type \(14\)](#)
- [Layer Style Effects Tips \(14\)](#)
- [Creating Text Effects \(44\)](#)
- [Masks and Selections \(1](#)
- [Creative Photo Effects \(84\)](#)
- [Web Graphics / ImageReady \(62\)](#)
- [Fix, Correct, Repair Photos \(79\)](#)
- [Photoshop Color Management](#)

[More Advanced Photoshop Tutorials at about.com:](#)

- [Unsharp Mask](#)
- [Curves](#)
- [Levels](#)
- [Extract Command](#)
- [Paths and the Pen Tool](#)
- [Using Actions](#)
- [Batch Processing](#)
- [Adjustment Layers](#)
- [Animation](#), [Rollovers](#), [Slicing](#) in ImageReady

Photoshop Tutorials by John Woods at about.com:

- [Photoshop CS](#)
 - [Photoshop 7.0](#)
 - [Photoshop Elements / 6.0](#)
 - [Photoshop 6.0](#)
 - [Photoshop 6.0 / 5.5](#)
 - [Free Photoshop Layer Styles](#)
 - [Free Photoshop Pattern Sets](#)
-

29 Photoshop Video Tutorials

Here are [29 Photoshop Video Tutorials](#), from graphicssoft.about.com. These video tutorials will help you learn many Photoshop features and techniques. You'll see and use live screencasts given by Photoshop experts that demonstrate and teach how to edit and touch up your photos, perform graphical design tasks, and create original art and a variety of effects using Photoshop. Also, if you'd like to follow these tutorials offline, a full transcript is provided for each one.

Photoshop Video Tutorials from about.com:

- [Wrap Text Effect in Photoshop - Video](#)
- [Use the Pattern Stamp Tool in Adobe Photoshop - Video](#)
- [Remove Photography Grain or Noise in Adobe Photoshop - Video](#)
- [How to Create a Rainbow in Adobe Photoshop - Video](#)
- [Convert Color Photos to Black and White with Photoshop - Video](#)
- [How to Add a Text Watermark in Adobe Photoshop - Video](#)
- [Photoshop Sand Effect - Video Tutorial](#)
- [Photoshop Text Reflecti - Video Tutorial](#)
- [Photoshop Photo Frame - Video](#)
- [Photoshop Fire Text Effect](#)
- [Photoshop Brightening a Photo](#)
- [Make a Skewed Picture Straight in Adobe Photoshop](#)

- [Fix Picture Imperfections with Adobe Photoshop Healing Brush](#)
 - [Fix Picture Imperfections with Adobe Photoshop Clone Tool](#)
 - [Photoshop Web Butt - Photoshop Shortcuts](#)
 - [Photoshop Sepia Effect](#)
 - [Photoshop Red Eye Fix](#)
 - [Photoshop Photo Filter](#)
 - [Photoshop Pet Eye Fix](#)
 - [Photoshop Pattern Maker](#)
 - [Photoshop Patch Tool](#)
 - [Photoshop Marquee Tool Background](#)
 - [Photoshop Magic Eraser Tool](#)
 - [Photoshop Lighting Filter](#)
 - [Photoshop Layers](#)
 - [Photoshop Ice Effect](#)
 - [Photoshop Dodge Tool Brightening](#)
 - [Turning Pictures into a Coloring Book with Photoshop](#)
-

[36 Dreamweaver Video Tutorials](#)

Adobe Dreamweaver is a great tool for web designers and developers to design, develop, and maintain websites and web application, giving them both a graphical visual interface and an efficient coding environment. In addition, Dreamweaver is integrated with other Adobe applications which provides an efficient workflow across your these tools. Here are [36 Dreamweaver Video Tutorials](#) for sutree.com's Dreamweaver 8 Course. These will teach you how to use and work with Dreamweaver to design, create and manage your web pages and web sites. Some of the features and topics demonstrated by these videos include: Browser Plug-ins, Form Validation, Snippets, Templates, CSS, Layers, Rollovers, Adding Flash Buttons and Content, Menus, Images, and Databases.

Dreamweaver 8 Course Video Tutorials:

- [01. Dreamweaver 8 Video Tutorial - Control Flash Movies](#)
- [02. Dreamweaver 8 Video Tutorial - Pop Up Windows](#)
- [03. Dreamweaver 8 Video Tutorial - Check for Plugins](#)

- [04. Dreamweaver 8 Video Tutorial - Validate Forms](#)
 - [05. Dreamweaver 8 Video Tutorial - Rollover Status Bar Message](#)
 - [06. Dreamweaver 8 Video Tutorial - Using Snippets](#)
 - [07. Dreamweaver 8 Video Tutorial - Editing Templates](#)
 - [08. Dreamweaver 8 Video Tutorial - Dreamweaver Templates](#)
 - [09. Dreamweaver 8 Video Tutorial - Working with CSS](#)
 - [10. Dreamweaver 8 Video Tutorial - Ads by Layers](#)
 - [11. Dreamweaver 8 Video Tutorial - Image Navigation Menu](#)
 - [12. Dreamweaver 8 Video Tutorial - Adding Rollovers](#)
 - [13. Dreamweaver 8 Video Tutorial - Animating Layers](#)
 - [14. Dreamweaver 8 Video Tutorial - Layer Visibility](#)
 - [15. Dreamweaver 8 Video Tutorial - Working with Layers](#)
 - [16. Dreamweaver 8 Video Tutorial - Adding Images](#)
 - [17. Dreamweaver 8 Video Tutorial - Flash Buttons](#)
 - [18. Dreamweaver 8 Video Tutorial - Simple Contact Form](#)
 - [19. Dreamweaver 8 Video Tutorial - Adding Flash Content](#)
 - [20. Dreamweaver 8 Video Tutorial - Jump Menus](#)
 - [21. Dreamweaver 8 Video Tutorial - List Menus](#)
 - [22. Dreamweaver 8 Video Tutorial - Tracing Images](#)
 - [23. Dreamweaver 8 Video Tutorial - Preview in Browser](#)
 - [24. Dreamweaver 8 Video Tutorial - Files Menu](#)
 - [25. Dreamweaver 8 Video Tutorial - Making New Pages](#)
 - [26. Dreamweaver 8 Video Tutorial - Define Your Site](#)
 - [27. Dreamweaver 8 Video Tutorial - File Associations](#)
 - [28. Dreamweaver 8 Video Tutorial - Create Database with SQLYOG - Step 1](#)
 - [29. Dreamweaver 8 Video Tutorial - Create a page to insert data - Step 2](#)
 - [30. Dreamweaver 8 Video Tutorial - Swap Text Input to Radio Buttons - Step 3](#)
 - [31. Dreamweaver 8 Video Tutorial - Display the records - Step 4](#)
 - [Dreamweaver Video Tutorial - Button Rollovers](#)
 - [Dreamweaver Video Tutorial - Define Local Root/Site Folder](#)
 - [How to set up and use the FTP feature in Dreamweaver](#)
 - [Check for Plugins in Dreamweaver](#)
 - [How Change File Associations in Dreamweaver](#)
-

[28 Fireworks Video Tutorials](#)

Fireworks is a popular bitmap and vector graphics editing application from Adobe. It is designed to integrate easily with other former Macromedia products, such as the popular Adobe Dreamweaver and Adobe Flash. Here are [28 Fireworks Video Tutorials](#), from sutree.com, making up their free Fireworks Video Course. These will show and teach you how to perform many tasks using Fireworks, including: Select and Lasso, Paintbrush, Vector Pen Tool, Vector Brush Tool, Image Masks, Recording Actions, Slicing, Animating, Gradients, Clone Tool, Custom Textures, and various Text Effects.

Fireworks Course Video Tutorials:

- [01. Fireworks 8 Video Tutorial - Select and Lasso](#)
- [02. Fireworks 8 Video Tutorial - Paintbrush](#)
- [04. Fireworks 8 Video Tutorial - Blur Dodge Sharpen](#)
- [05. Fireworks 8 Video Tutorial - Rubber Stamp](#)
- [06. Fireworks 8 Video Tutorial - Color replace](#)
- [07. Fireworks 8 Video Tutorial - Removing Redeye](#)
- [08. Fireworks 8 Video Tutorial - Vector Pen Tool](#)
- [09. Fireworks 8 Video Tutorial - Vector Brush Tool](#)
- [10. Fireworks 8 Video Tutorial - Smart shapes](#)
- [11. Fireworks 8 Video Tutorial - Image Masks](#)
- [12. Fireworks 8 Video Tutorial - Free-form Tools](#)
- [13. Fireworks 8 Video Tutorial - Recording Actions](#)
- [14. Fireworks 8 Video Tutorial - Batch File Edit](#)
- [16. Fireworks 8 Video Tutorial - Slicing I](#)
- [17. Fireworks 8 Video Tutorial - Slicing II](#)
- [18. Fireworks 8 Video Tutorial - Selective Compressi](#) - [19. Fireworks 8 Video Tutorial - Animated Gifs](#)
- [20. Fireworks 8 Video Tutorial - Using Type](#)
- [21. Fireworks 8 Video Tutorial - Animating](#)
- [22. Fireworks 8 Video Tutorial - Exporting Transparency](#)
- [23. Fireworks 8 Video Tutorial - Working with Gradients](#)
- [24. Fireworks 8 Video Tutorial - Custom Texture](#)
- [25. Fireworks 8 Video Tutorial - Combine Path Objects](#)
- [26. Fireworks 8 Video Tutorial - Making a Pop up Menu](#)
- [27. Fireworks 8 Video Tutorial - Clone Tool](#)
- [29. Fireworks 8 Video Tutorial - Perspective Shadows](#)
- [34. Fireworks 8 Video Tutorial - Text on a Path](#)

- [35. Fireworks 8 Video Tutorial - Bevelled Text](#)

[30 Illustrator CS2 Video Tutorials](#)

Here are [30 Illustrator CS2 Video Tutorials](#), from sutree.com. Using Illustrator CS2, you can easily create sophisticated vector artwork for many areas, such as the web and print. You can learn how to use Illustrator's tools quickly and easily, as you use its features to work with images, text, and color variations. You can also share files between Illustrator and other Adobe apps as you manage and manipulate designs for print, web, interactive and mobile applications.

Illustrator CS 2 Course Video Tutorials:

- [01. Illustrator Video Tutorial - Create & Outline Fonts](#)
- [02. Illustrator Video Tutorial - Pattern Swatch](#)
- [03. Illustrator Video Tutorial - Swatches](#)
- [04. Illustrator Video Tutorial - Spray Can Shapes](#)
- [05. Illustrator Video Tutorial - Spray Can Images](#)
- [06. Illustrator Video Tutorial - Shape Morf](#)
- [07. Illustrator Video Tutorial - Scale & Skew](#)
- [08. Illustrator Video Tutorial - Rotate & Reflect](#)
- [09. Illustrator Video Tutorial - Importing & Placing Images](#)
- [11. Illustrator Video Tutorial - Pathfinder MinusBack](#)
- [12. Illustrator Video Tutorial - Pathfinder Connect](#)
- [13. Illustrator Video Tutorial - Smooth with Pencil](#)
- [14. Illustrator Video Tutorial - PMS Colours](#)
- [15. Illustrator Video Tutorial - Pen & Brush Tool](#)
- [16. Illustrator Video Tutorial - Outlines Around Shapes](#)
- [17. Illustrator Video Tutorial - Custom Brush Shapes](#)
- [18. Illustrator Video Tutorial - Line Segment Tool](#)
- [19. Illustrator Video Tutorial - Font with Gradient](#)
- [20. Illustrator Video Tutorial - Text in a Circle](#)
- [21. Illustrator Video Tutorial - Adding Blocks of Text](#)
- [22. Illustrator Video Tutorial - Apply Text to a Path](#)

- [23. Illustrator Video Tutorial - Outlines Around Text](#)
 - [24. Illustrator Video Tutorial - Picture Clipping](#)
 - [25. Illustrator Video Tutorial - Slice for Web](#)
 - [26. Illustrator Video Tutorial - Using Layers](#)
 - [27. Illustrator Video Tutorial - Blend Colour Tool](#)
 - [28. Illustrator Video Tutorial - Print-ready Postcard](#)
 - [29. Illustrator Video Tutorial - Making Glossy Buttons](#)
 - [30. Illustrator Video Tutorial - Making Glossy Web Icons](#)
 - [Make Business Cards in Adobe Illustrator](#)
-

[8 InDesign CS2 Video Tutorials](#)

Adobe's InDesign CS2 application allows the user to work with and edit page layouts for print documents. It provides many features for creating richer and complex documents. InDesign also integrates smoothly with other Adobe software. Here are [8 InDesign CS2 Video Tutorials](#), from sutree.com, that will show you how to do important tasks, such as page numbering, setting paragraph styles, adding pages, and linking text boxes. Also included here is a video showing you how to create a business card.

InDesign CS2 Video Tutorials:

- [01. Indesign Video Tutorial - Auto Page Number](#)
 - [02. Indesign Video Tutorial - Paragraph Style](#)
 - [04. Indesign Video Tutorial - Drop Caps](#)
 - [05. Indesign Video Tutorial - Adding Pages](#)
 - [07. Indesign Video Tutorial - Business Card Setup](#)
 - [08. Indesign Video Tutorial - Photoshop Clipping Path](#)
 - [09. Indesign Video Tutorial - Linking Text Boxes](#)
 - [10. Indesign Video Tutorial - Runaround - Force Field](#)
-

[Free FrontPage 2003 Training Manual](#)

Here is a great [Free FrontPage 2003 Training Manual](#), from microsoftrainingcourses.co.uk. This FrontPage training document is 207 pages in length, the zipped download size is 1.3mb, and the resulting doc file size is 4.4mb. It covers and teaches all of the features and functions in FrontPage that you need to know to create compelling web pages and sites, including: FrontPage Views, Text and Paragraph Formatting, Backgrounds, Page Setup, Linking, Images, Tables, Frames, Themes, Forms, and Tasks Lists. For step-by-step instructions for each Excel command demonstrated, look for the hand icon.

FrontPage 2003 Training Manual Table of Contents:

How to use this guide
Objectives, Instructions
Keyboard, Commands
Notes, Tips

Section 1
Common terminology associated with the Internet, Intranet and WWW

Section 2
FrontPage Views: Folders, Reports, Navigation, Hyperlinks, Tasks

Section 3
Starting a One-Page Web from Scratch

Section 4
Common Editing Tasks

Section 5
Formatting Text and Previewing your Web site

Section 6
Paragraph Formatting

Section 7
Creating a Bulleted List and a Numbered list

Section 8
Titling a Page, Page Backgrounds and Colors
Margins, Page Setup and Page Transitions

Section 9

Inserting Horizontal Lines

Adding Images (or Graphics)

Section 10

Creating and Viewing Hyperlinks

Creating and Linking to Bookmarks

Section 11

Working with Tables, Rows, Columns, Cells

Applying Borders and Shading to Tables and Cells

Section 12

Applying Frames to an Existing Web

The Frames Page (or frameset) Properties

Section 13

Using FrontPage Components

Inserting Excel Charts, Pivot Tables and spreadsheets

Section 14

FrontPage Themes

Section 15

The Navigation Window and Navigation Bar

Section 16

Using and Removing Shared borders

Section 17

Create and Regenerate a Table of Contents

Section 18

Designing and Using Forms

Section 19

Create a Discussion Group on a Web Site

Section 20

Working with Tasks

Section 21

Verifying and Repairing External Hyperlinks

4) The Best New Free Web Development Training Sites

[Techtopia's HTML Tutorials](#)

Here are [Techtopia's HTML Tutorials](#). These will help you write HTML web pages using important tags and features, such as Anchors, Links, Embedded Objects, Forms, Images, Lists, Scripts, Sounds, and Tables. Also included is a good tutorial on Cascading Style Sheets (CSS).

- [HTML Anchors and Links Tutorial](#)
 - [HTML and Java Applets Tutorial](#)
 - [HTML Special Characters Tutorial](#)
 - [HTML Document Tags Tutorial](#)
 - [HTML Embedded Objects Tutorial](#)
 - [HTML Fonts Tutorial](#)
 - [HTML Forms Tutorial](#)
 - [HTML Frames Tutorial](#)
 - [HTML Ignore-Me Code Tutorial](#)
 - [HTML Images Tutorial](#)
 - [HTML Lines and Paragraphs Tutorial](#)
 - [HTML Lists Tutorial](#)
 - [HTML Logical Tags Tutorial](#)
 - [HTML and Scripts Tutorial](#)
 - [HTML Sounds Tutorial](#)
 - [HTML Cascading Sytle Sheets \(CSS\) Tutorial](#)
 - [HTML Table Tutorial](#)
 - [HTML Marquees and Multi-Columns Tutorial](#)
-

[14 HTML Video Tutorials](#)

HTML (Hypertext Markup Language) is the markup language that is used for creating and rendering (displaying) web pages. It uses 'tags' to specify headings, paragraphs, lists, etc., and additionally it supports the use of interactive forms, embedded images, and other objects, such as Flash movies. HTML can also contain CSS (Cascading Style Sheets) code that defines the look and feel of items such as font size and color and paragraph style. Here are [14 HTML Video Tutorials](#) from sutree.com that will show you how to do use several important HTML and CSS features to develop web pages. Also included are some videos to help you creating an ecommerce site.

HTML Web Building Course Videos:

- [Create Tables in HTML](#)
- [Create Bullet, Number, and Definition Lists in HTML](#)
- [Link to Webpages in HTML](#)
- [HTML Tags](#)
- [Add a Background Image to a Webpage](#)
- [CSS Syntax](#)
- [CSS Text Align](#)
- [Follow These Principles When Designing Your Web Site](#)
- [Creating Webpage Frames](#)
- [How to Link Pages Within a Website](#)
- [Choose and Register a Website Domain](#)
- [Tips for Creating a Successful e-Commerce Website](#)
- [How to Create a Successful E-Commerce Web Site](#)
- [Get Your Site Listed on Google](#)

[Web Design Process Guide](#)

Here is a quick 7-page [Web Design Process Guide](#), from the University of Texas at Austin. This guide explains the six phases of designing and developing a web site. It will help you to do, or at least consider, these important aspects of web design.

- [Project Definition](#)
 - [Site Structure](#)
 - [Visual Design](#)
 - [Site Development](#)
 - [Testing](#)
 - [Launch Plus](#)
 - [Resources](#)
-

[JavaScript Manual of Style](#)

Here is a very good free online JavaScript book, named [JavaScript Manual of Style](#). It shows you how to create interactive and interesting web pages using JavaScript. It teaches you how JavaScript can make your Web pages come alive and be more dynamic and fun for the user, changing before their eyes. Topics covered by this JavaScript book include Outlined Document, Color Chooser, Forms Validation and Modification, Games, JavaScript Operators, and Built-in Objects and Functions.

[PHP Regular Expressions Tutorial](#)

Here is a good [PHP Regular Expressions Tutorial](#), located at [ohio-state.edu](#). The author has combined information about PHP regular expressions from 10 different PHP tutorials/articles to get all of this into one tutorial. So, it is mostly a good collection of PHP reg ex tutorials available on the web. The links to these tutorials are also provided. Also, here is a one page [PHP PCRE Cheat Sheet](#) (81kb, pdf format).

5) The Best New Free Windows, Linux, Hardware and General Computer Training Sites

[Optimize Guides for Windows](#)

[Windows Vista](#) | [Windows XP](#) | [Windows 2000](#) | [Windows Experts](#) | [Software Guides](#)

[Optimize XP](#) - Use this guide to improve both Windows work and gaming performance safely, and to help you improve the system's overall performance.

[XP Secrets](#) - This guide covers the undocumented and hidden features in Windows XP.

[XP Myths](#) - Explains some of the myths regarding Windows XP, especially relating to Optimizations and Security.

[Diagnose XP](#) - Use this guide to Diagnose common system problems, which can be very complicated and time consuming.

[Driver XP](#) - Use this guide to install the latest drivers, which improves system performance and application compatibility. Updated drivers include numerous bug fixes as well as system optimizations.

[XP Freeware](#) - This guide will show you the better freeware applications for Windows XP.

[XP Games](#) - This guide covers the better Freeware games from Independent Developers and Commercial Publishers. The games are 100% free full games, not Demos or Shareware.

[Secure XP](#) - Use this guide to improve Windows XP's Security on computers not connected to a Domain.

[Malware Removal 1-2-3 Guide](#) - This 3 step guide will show you how to remove Viruses, Worms, Trojans, Spyware, Adware and Rootkits and protect yourself from future infections for free using free software.

[VNC Guide](#) - a tutorial for setting up the free VNC software in Windows XP. Use it to remote control your computer from across your LAN or the Internet.

[Securing Microsoft Windows](#) (560kb, 18 pages, pdf format)

- I – Keeping Your Windows Up To Date
 - 1.1. Enabling Automatic Windows Update
 - 1.2. Checking Microsoft Office Updates
- II - Configuring Windows Services
- III – Removing Unneeded Programs At Startup
- IV - Running Exposed Programs With Restricted Rights
 - 4.1. Identifying 'Critical' Or 'Exposed' Applications
 - 4.2. and 4.3 Setting Restricted Rights For A Given Program
- V - Configuring Files And Extensions Display
- VI - Setting Up Strong Passwords

[Securing Microsoft Windows Part 2](#) (285kb, 18 pages, pdf format)

- I – Secure Level 1: Basic
 - 1.1. Adding An Hardware Firewall/Router
 - 1.2. Using Alternate Browser And Email Client
 - 1.3. Installing An Antivirus
- II – Secure Level 2: Medium (Recommended)
 - 2.1. Running Under A Restricted User Account
 - 2.2. Enabling Data Execution Prevention
 - 2.3. Installing A Software Firewall
- III – Secure Level 3: High
 - 3.1. Using Encryption
 - 3.2. Installing And Using An Host Intrusion Prevention System
- IV – Secure Level 4: Destructive Security

[Fixing Windows XP Annoyances: Networking and Wireless](#)

This is a 41-page chapter from the book, Fixing Windows XP Annoyances, covering how to effectively overcome networking and wireless issues when using Windows XP. (1.5mb, 41 pages, pdf format)

6) Software, Office and Computer Sites and Downloads Worth Mentioning

The following programs are totally Free, no popups, no adware, no spyware, and no shareware.

[DK Finder](#)

DK Finder is a desktop search tool that indexes selected drives and folders and returns instant results for keyword searches. You can search for file names and also for keywords contained within the files. The program uses a smart indexing algorithm that can be configured to only scan files that have been modified recently, thereby reducing the time needed to update your index database. You can sort and/or filter the results by file name and content, mark individual results and export them to text or CSV format.

Instant File Name Search

Instant File Name Search (IFNS) is an easy to use search tool that allows you to find files on your computer instantly. After an initial scan, it maintains an index of all the files on your computer or LAN and allows you to search them by name, partial name or wildcards. It offers additional support for Boolean operators (AND, OR, NOT), database management with an option to maintain multiple database files. You can choose to exclude or include selected files, folders or extensions to further speed up the search and reduce the size of the database.

CSS Menu Generator

CSS Menu Generator enables you to create basic CSS/JS navigation menus without the need to write any code. It offers a simple WYSIWYG interface that lets you select the colors, fonts and size of your menu and a real-time preview to see the changes as you go. You can then copy the complete CSS and JS code to the clipboard or save the code as XHTML compatible HTML file. CSS Menu Generator allows you to create vertical, horizontal and pull-down menus.

Free Buttons

Free Buttons enables you to create 3D rollover menu buttons for your web site. It offers a WYSIWYG interface that lets you choose from button templates, change colors, lighting, shadow, shape and other details, or you can create your own button designs from scratch. The buttons support mouseover and click events and your creations can be saved as projects for future modification. The finished buttons can be exported as HTML page (along with all resource files) or inserted into an existing page.

[Good Keywords](#)

Good Keywords a powerful utility that will allow you to find relevant keywords for your website, so that you can optimize your pages for search engines. The program includes options to query search engines, generate misspelled versions of a keyword, build keyword phrases, and organize your keywords. Good Keywords also includes a site popularity check and a web page analyzer.

[Slide Show Movie Maker](#)

Slide Show Movie Maker can create an .avi video slideshow from a series of .bmp or .jpg images. Images can have professional-looking fade-in and fade-out effects, plus attractive text overlays. The program lets you choose to save output using any one of your systems installed .avi codecs. If you select any of the included effects, they can be previewed, using the built in viewer before you apply any of them. The program also lets you save your work as projects, so you can continue working on them at a later time. Additional features include pa color fading pnorama scrolling and more.

7) Question of the Month about Software Training:

Each month Scott Turton will answer a current or important question that we have received about computer and software training.

June 2008 Question of the Month:

Can you recommend some good free backup software applications and backup online services?

Answer:

Yes, there are many excellent backup applications that will cost you nothing. Here are some of the ones I suggest trying:

[SyncBack Freeware](#) (page down to middle of page) - I have used this backup app extensively in the past and it always does a good job.

[DFIncBackup](#) - a personal backup program that lets you create incremental backups that are compressed and stored in zip files.

[AceBackup](#) - allows you to create encrypted backups of your data, that can be stored on any local storage device, as well as on CD, DVD or on your remote FTP server.

[Abakt](#) - an easy to use and flexible backup tool that can create normal or compressed backups in ZIP format, supports multiple backup profiles and filtering.

[Back4Win](#) - an easy to use backup tool that uses zip compression to store all selected files and directories in a single archive.

[XXCLONE Freeware](#) - enables you to create a clone of your hard drive on another disk and use it for backup or emergency recovery.

[EZBack-it-up](#) - copies your data to a destination of your choice where you can readily access your backed up files in the same directory structure.

The best free online backup site is [adrive.com](#), where you can store and backup 50GB of data for no cost at all. Two other free storage sites are [datarebound.com](#) and [xdrive.com](#), both offering 5GB of free storage.

I hope this helps you.

Scott Turton
Site Editor

EducationOnlineForComputers.com

8) Please Support Our Training Mission

<http://www.EducationOnlineForComputers.com>

How You Can Support Our Computer and Software Training Mission

Please help support EducationOnlineForComputers.com's Computer and Software Education and Training Mission by visiting our sponsors below and requesting more information. By doing so, you will be helping people who want to learn to use computers in an Information Technology career.

[EdComp.com:](http://www.edcomp.com/)
www.edcomp.com/

This is our new free computer and IT education and training search engine housing over 150,000 free training internet resources! Just type in a topic you're looking for and get tons of great web resources instantly. These search results are much better than the big search engines, like google. You can also check out our predefined search results page giving you tons of free training resources: <http://www.edcomp.com/predefined.htm>.

[ITT Technical Institute: Choose from their many programs](#)

[University of Phoenix Online: Advance your career](#)

[DeVry: Online degrees for working adults](#)

EducationOnlineForComputers.com
www.educationonlineforcomputers.com

Free Computer Software Training Now!

A free and member-based software educational and training portal web site. We have compiled, categorized, described, and linked many sites that will be of keen interest to computer software application end-users seeking free training and knowledge. Many subject areas are covered, including Microsoft Office, Flash, Photoshop, Dreamweaver, FrontPage, Web Development, Windows, Linux, and Computer Hardware. You are able to study and learn all about computer software via Free training, courses, tutorials, documentation, articles, tips, notes, and help. Check us out today.

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[EducationOnlineForComputers.com's Member Site](#)

Our Members' Site contains the web's best computer software training resources and tutorials. This content is individually linked and presented in a way to expedite and facilitate your software and computer learning experience. We have done all the web research and presentation work for you so you can concentrate solely on your computer training.

EducationOnlineForComputers.com Member Site FAQ Answers:

- 1. All of the web sites and pages in our members site are not in the free section of our web site. The member site training is more detailed and the best available. The online training resources in our members' site are linked and laid out in a much more detailed fashion than those in the free section. This will save you time in finding all the best free training on the web.**
- 2. You can choose to pay using either Paypal or 2Checkout. If paying pay check and you live in the U.S., please select 2Checkout.**
- 3. You have a choice to select the non-recurring or recurring method of payment. If you select non-recurring, when your membership period expires, you will not be automatically charged another fee on your credit card or check.**
- 4. The total price to join our member's site is only \$14 total for 2 months, \$24 for 4 months, \$32 for 6 months, or \$56 for a whole year. The funds generated will assist us to help all those seeking software application education training. Here's the link to see what's available on our member's site and to sign up: <http://tinyurl.com/7ien> You can email Scott Turton with questions at scott_turton@educationonlineforcomputers.com**

I will give you 5 Great Free Bonuses when you sign up now.

These are as follows:

- 1. 28 Modules of Soft Skills Training, covering topics such as Coaching, Delegating, Finance Essentials, Hiring, Leading and Motivating Team, Making a Presentation, Managing Your Time, and Setting Goals.**
 - 2. 19 Online Business and Reference Books, including titles such as Scientific Advertising, The Art of Electronic Publishing, and Small Business Manual**
 - 3. 12 Instructive e-Books, including On Line Stealth Marketing, 7 Secrets to Unlimited Traffic, and Increase Auction Profits.**
 - 4. Instant and Easy Online Access to the 24 Best Free Computer Help & Support Sites.**
 - 5. 45 of the Best, Completely Free Programs and Utilities.**
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To Subscribe to this Free monthly Newsletter of Computer Education, Training, & Tutorial Resources simply:

Go to this web page and use the subscribe form:

http://www.educationonlineforcomputers.com/newsletr_sub_unsub.html

Thank You!

scott_turton@educationonlineforcomputers.com

<http://www.EducationOnlineForComputers.com>